## Chocolate, Grain & Nut Butter Power Cereal Breakfast Bowl



Making this recipe all your own: Like any recipe, the ingredients you find here, including the featured chocolate, grain & nut butter power cereal, though they work great together, are just suggestions. Imagination, taste - and dietary restrictions - are always your only limits. So, have at it and make your Power Cereal Breakfast Bowl the way you want.

### **Preparation Time:** 5-7 minutes

Ingredients (per serving)

Chocolate, Grain & Nut Butter Power Cereal (or any cereal)

Fresh Fruit (I'm using fresh grapes)

**Cookie Butter** (agree: odd sounding ingredients, but it sure tastes good - and can be

substituted by jam or honey)

1/2 - 1 Tablespoon Nut Butter (I'm using almond butter, but any nut butter will work)

**1-2 Tablespoons Plain Yogurt** (I'm using non-fat Greek yogurt but any yogurt works)

1/2 Handful Raisins (or any dried fruit)

### **Equipment**

Bowl Tablespoon Short Bladed (Paring) Sharp Knife



1. Put about as much **chocolate**, **grain & nut butter power cereal** into a bowl as shown below.



2. Give the **fresh fruit** you're using a good rinse with cold tap water and cut it into bite sized pieces, if needed, before adding it to the **cereal** in the bowl.





# 3. Add 1/2 - 1 tablespoon nut butter, 1/2 tablespoon cookie butter (jam or honey),





...1-2 tablespoons yogurt and 1/2 handful raisins (or any dried fruit) until what you have looks about...





#### ...like this.



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