Glow Wine



TIP: Glow wine comes from the German word "gluehwein" (pronounced "glue-vine"). The American term for the same or similar drink is "mulled wine". But "glow" adds magic to this very simple-to-make and fantastically flavorful hot drink that will warm you right down to your soul when it's wintry cold and dark outside.

Preparation Time: about 5 minutes

Cooking Time: 15-20 minutes

Ingredients

(for 3-4)

1 Bottle of Robustly Flavored Red Wine

Lemon Rind

1-2 Tablespoons Sugar

5 Whole Cloves

1 Cinnamon Stick



Equipment

Sharp Knife
Cutting Board
Corkscrew

Tablespoon Cocktail Glass Medium Sized Pot Coffee Mugs or Sturdy Glasses

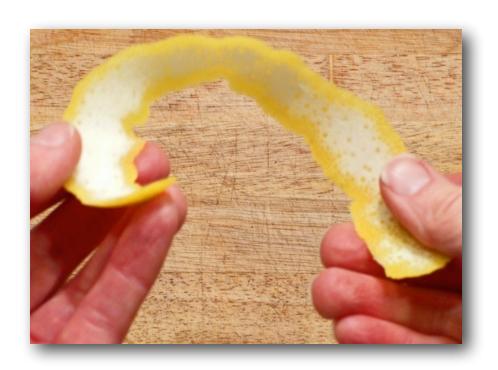


1. Rinse and shake dry a **lemon**. Carefully cut **half the rind** from the **lemon** until what you have looks about like...





...this. (Don't worry if your **lemon rind** doesn't come out in one piece as shown here. Cutting it in one piece takes practice - and even then, it doesn't always work out. No problem.)

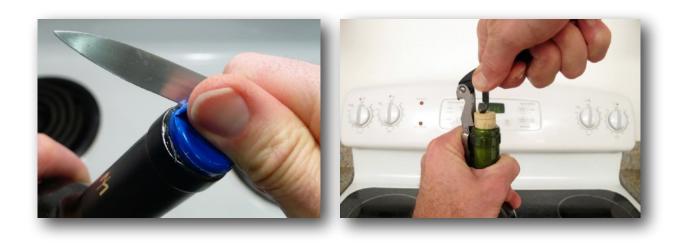


2. Make 5 relatively evenly spaced slits in the **lemon rind** with the tip of a sharp knife, and push a **clove**, pointed-end first, into each of the slits.





3. Open the **wine bottle**. For bottles with corks, use a sharp knife to remove the foil seal at the top of the bottleneck, then use a corkscrew to pull out the cork.



4. Put a medium sized pot on the stove and add 1-2 tablespoons sugar (I recommend starting with 1 tablespoon sugar and then adding more sugar if needed to taste), the lemon rind with cloves,...





...1 cinnamon stick, and the bottle of red wine.



5. Turn on the burner to **LOW-MEDIUM heat**. Give the **wine** a quick stir with a tablespoon to help dissolve the **sugar**.



6. Let the **wine** cook slowly for 15-20 minutes until it steams heavily but **DOES NOT** start to bubble to a boil. In the meantime, warm the mugs or glasses you're going to use by filling them with **hot tap** water.





7. When the **wine** is hot and ready to serve, pour out the **warm water** from the mugs or glasses, pour the **hot glow wine** and either serve as is or cut in a piece of **lemon rind** for added flavor.







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