

Kid Safe & Friendly Grilled Cheese Sandwich



TIP: Wow is this grilled cheese sandwich quick, easy & safe for kids to make! It requires only 2 ingredients and NO knives or hot frying pan but instead uses packaged grated (or sliced) cheese, a toaster and a microwave oven for quick, easy & safe cooking.

Preparation Time: About 1 minute

Cooking Time: About 2 minutes

Needed

Grated or Sliced Cheese (I'm using a Mexican blend, but your favorite grated cheese will work fine. You can also substitute grated cheese with packaged sliced cheese.)

2 Pieces of Bread

Microwave Oven Safe Plate

Toaster

Microwave Oven



1. Start by putting **2 bread slices** in the toaster.



Toast the **bread** the way you like it - I toast my bread lightly browned.



Let the **freshly toasted bread** cool until it is

safely comfortable to touch, and put the **toast** on a plate.



2. Cover **both** pieces of toast with a generous layer of **your favorite grated (or sliced) cheese**.



3. Put the **cheese covered toast** in the microwave oven, and...



...cook using **HIGH** heat for about **30** seconds or...



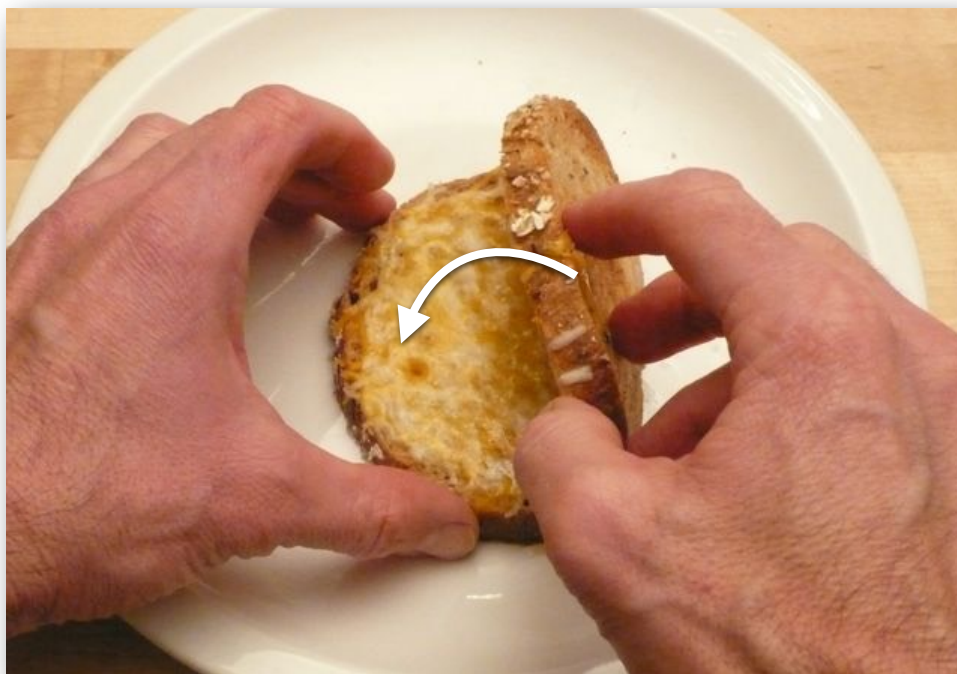
...until the **cheese** has melted.



4. Remove the plate from the microwave oven.



5. Let the freshly cooked cheese and bread cool until it is safely comfortable to touch, then put the bread pieces together cheese side to cheese side so that your grilled cheese sandwich looks about...



...like this, and serve warm.



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